

# F&S (Fun and Serious)

†††JMJ††† **Dust the cobwebs out of your gray matter and solve this brainteaser if you can** †††JMJ†††

Answers to question in F&S=1-7: *Twelve: each Jack has two faces*

†††JMJ††† **Scriptural quiz** †††JMJ†††

Answers to question in F&S=1-7: *False. The Ark of the Covenant was a sacred chest in the sanctuary of the temple into which Moses placed the tablets of stone containing the Ten Commandments.*

†††JMJ††† **Liturgy quiz** †††JMJ†††

Answers to question in F&S=1-7: *The third, fourth, fifth, and sixth.*

NOTE: you may receive a Catholic calendar and some information concerning the rubrics by requesting it from Patrick Henry; [JMJ@JMJsites.com](mailto:JMJ@JMJsites.com)

†††JMJ††† **Humor for today** †††JMJ†††

Bill: "Which do you think is America's worst problem: ignorance or apathy?"

Lil: "I do not know. I do not really care, either."

†††JMJ†††

News never is really news. It just happens to different people from day to day.

†††JMJ††† **Short meditation for today** †††JMJ†††

The least suffering, the least humiliation on the part of Jesus Christ would have sufficed for our redemption, on account of the infinite dignity of His person. But what sufficed for our redemption did not suffice for His love. – *Saint Chrysostom.*

Jesus willed to suffer to excess to redeem us, while without suffering He might have redeemed us. This reflection it is which has filled so many saints with the love of the cross.

Saint Teresa said: "Suffer or die." Saint Magdalene of Pazzi: "No, not to die, but to suffer." St. John of the Cross: "To suffer and to be despised for Thee." With St. Bernard let us ask for the love of the cross in these words: "My heart on the cross, and the cross in my heart."

*Prayer*

Thou permittest, O my God, that I am at times in tribulation; Thou permittest it for my good. I adore Thy will; give me the strength and patience necessary. I offer Thee all my crosses; accept them from the hands of Jesus Christ, through Whom all things are pleasing when offered to Thee.

†††JMJ††† **Today's reflection from the *Imitation of Christ*** †††JMJ†††

Learn, O dust, to obey; learn to humble thyself, thou that art but dirt and mire, and to cast thyself down under the feet of all men. Learn to break thy own will and to yield thyself up to all subjection.

†††JMJ††† **A Scripture quote for today** †††JMJ†††

Jesus went down with Mary and Joseph and came to Nazareth, and was subject to them.

†††JMJ††† **This is Serious** †††JMJ†††

**Feast of the Holy Family**

*O God, come to our assistance; Jesus, Mary, Joseph please make haste to help us!*

**Jesus! Mary! Joseph!**

FERVENT invocation of these blessed names gains for us access to the persons, yes, to the very hearts of *Jesus, Mary and Joseph.*

The aspiration JESUS, MARY, JOSEPH! is enriched with an indulgence of seven years for each recital (Raccolta, 274), applicable to the poor souls in purgatory. This, obviously, is a pearl among partial indulgences. But why should so high an atoning value be attached to so short a formula?

1. To invite us to pray it unceasingly.
2. Because of the incomprehensible grandeur of the holy Names of *Jesus, Mary and Joseph.* The name of a person is a personification of its bearer. What a glorious invocation, then, is the prayer: *Jesus, Mary, Joseph!* What a vast field for meditation here lies open to angels and men! Each one of these names, *Jesus, Mary, Joseph,* unfolds to us a world of wonders, an abyss of greatness and beauty, of grace and power. At the sound of these names, *Jesus, Mary, Joseph,* which to us are so sweet and love-inspiring, all hell shrinks

back in terror. The aspiration *Jesus, Mary, Joseph!* is a deadly flash of lightning to Satan and the devils.

The aspiration *Jesus, Mary, Joseph!* is a golden arrow, a fiery dart, which springs from our hearts and at the same moment blissfully wounds the hearts of *Jesus, Mary and Joseph* and lays them lovingly open to us and to our dear departed. Into this formula, so divine in its content, one breathes the tenderest, strongest and purest love.

How often should we pray this aspiration? Without counting. . . or, if we prefer, on our rosary; on each bead these three names, *Jesus, Mary, Joseph* and nothing more (that is no Creed, no Our Father, Hail Mary or Glory be to the Father). It is not a rosary, but simply a chaplet of diamonds, beautiful gems from the Orient of Divine love. It is greatly to be desired that this practice be spread over the world, flowing as a river of love in a never-ending stream from the hearts and lips of Christian people.

The aspiration *Jesus, Mary, Joseph!* is an inexhaustible treasure of indulgences especially for the poor souls. With this prayer one enkindles a fire on earth which extinguishes the flames of Purgatory. If every Christian soul but knew, if the world but knew, what consolation for the poor souls is contained in the names, *Jesus, Mary, Joseph!* Day and night, everywhere and without ceasing may this blessed prayer be the refrain of fervent petitions. Gather, O Christian souls, gather blessings through these heavenly names, *Jesus, Mary, Joseph,* for those who suffer unspeakable pains in the flames of Purgatory; beg in these sweet names, *Jesus, Mary, Joseph,* without ceasing.

The aspiration *Jesus, Mary, Joseph!* is a golden book, an inexhaustible fountain. It awakens a piety which is sweet and strong, wide, deep and full of meaning. And yet, how short and clear, how simple and wonderful is its form! It is the golden key to the hearts of *Jesus, Mary and Joseph.* It is a precious gem of piety. Already here on earth, but especially in heaven, this prayer will effect an intimate union of the soul, a jubilation, a true fire of love.

The aspiration *Jesus, Mary, Joseph!* is an inexhaustible subject for meditation. The thoughtful repetition of these names, *Jesus, Mary and Joseph,* so full of love and light, causes us to meditate, and from the beginning this meditation appeals to us, charms us, affects us, leads us to God and submerges us into Him. We find in these names, *Jesus, Mary, Joseph,* a power that urges, uplifts, stimulates, impels and quickens. Meditation on these holy names, *Jesus, Mary, Joseph,* fills the heart and mind, excites sublime thoughts and leads one to self-sacrificing resolutions. This method of meditation may constitute the bliss of a theologian even as it enraptures the soul of a little child. It permits all, without exception, to penetrate into the vast domain of our holy Religion and to meditate at the same time on the articles of faith, the commandments, virtues and sacraments. Like a bee that flies about in an immense garden, where perpetual spring reigns, drawing sweet nectar from bud and blossom, so we may gather heavenly thoughts and graces.

May these blessed names, *Jesus, Mary, Joseph,* be often on our lips during life, and may we with our dying breath sigh: *Jesus, Mary, Joseph!*

*Thank you for visiting <http://www.JMJsite.com> and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.*

†††JMJ†††

You are invited and encouraged to share this information with others. Thank you for visiting <http://www.JMJsite.com>; and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.

My prayer for everyone; and especially for those on my email list: “May the Holy Family of Jesus, Mary, and St. Joseph grant you and yours all of the Joys, Graces, and Blessings necessary to live and die in the state of Sanctifying grace in perfect Uniformity with God’s Most Holy Will. May you know the truth and live and die in the True Church having obtained that degree of holiness it is God’s Will you obtain.”

I will pray an extra 15-decade Rosary every Sunday and Holyday throughout the year for those who are on my email list.

Thank you for all of your prayers, penances, and sacrifices for me.

Patrick Henry  
[JMJ@JMJsit.com](mailto:JMJ@JMJsit.com)