

F&S (Fun and Serious)

†††JMJ††† Humor for today †††JMJ†††

Doctor: "How is the boy who swallowed the quarter?"

Nurse: "No change yet."

†††JMJ†††

A woman stepped up to a travel desk and asked for a round-trip ticket. "Where to?" Asked the agent. The woman looked offended. "Right back here. Where do you think?"

†††JMJ††† Short meditation for today †††JMJ†††

The four extremities of the cross are ornamented with four precious pearls. Humility is placed at the foot, obedience occupies the right, patience the left; charity, the first and queen of virtues, burns in letters of gold at the head. These four virtues shine in a most striking manner in the Passion of Jesus Christ. They are the four principal fruits which we must gather from meditating on Jesus crucified. – *St. Bernard*.

A person who had formed a resolution to serve God begged Father Lefevre, one of the first companions of Saint Ignatius, to point out to her some practices of piety. He recommended her to prostrate herself several times during the day before her crucifix, and say to Jesus Christ: "O my divine Master, Who art my model, Thou hast humiliated Thyself to the lowest abasement, and I am proud! Thou hast been obedient even unto death, and I seek in all things my own will! Thou hast been a Man of sorrows, and I will suffer nothing! Thou hast loved me even to give Thy life for me, and I love Thee so little! I have offended Thee too often!" She was faithful to this practice, and in a short time made great progress in virtue.

Prayer

O my God, fill me with Thy spirit, the spirit of religion, of love; Thy spirit of sweetness, of zeal; Thy spirit of detachment and of mortification. Give me Thy sentiments. May all hearts be filled with Thy love!

†††JMJ††† Today's reflection from the *Imitation of Christ* †††JMJ†††

They that today are with thee, tomorrow may be against thee; and they often change to the contrary, like the wind. Put by whole trust in God, and let Him be thy fear and thy love. He will answer for thee, and will graciously do for thee as shall be best.

†††JMJ††† A Scripture quote for today †††JMJ†††

Every best gift, and every perfect gift, is from above, coming down from the Father of lights.

†††JMJ††† This is Serious †††JMJ†††

Catechism Class 5-15-11 = Continued explaining the Catholicity of the Church.

<http://www.jmjsite.com/c/051511.mp3>

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You are invited and encouraged to share this information with others. Thank you for visiting <http://www.JMJsite.com>; and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.

My prayer for everyone; and especially for those on my email list: "May the Holy Family of Jesus, Mary, and St. Joseph grant you and yours all of the Joys, Graces, and Blessings necessary to live and die in the state of Sanctifying grace in perfect Uniformity with God's Most Holy Will. May you know the truth and live and die in the True Church having obtained that degree of holiness it is God's Will you obtain."

I will pray an extra 15-decade Rosary every Sunday and Holyday throughout the year for those who are on my email list.

Thank you for all of your prayers, penances, and sacrifices for me.

Patrick Henry

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