

F&S (Fun and Serious)

February 2, 2019

†††JMJ††† Humor for today †††JMJ†††

What goes up and down but does not move? *A staircase.*

†††JMJ†††

Forecast for mothers-to-be: Showers expected.

†††JMJ††† Short meditation for today †††JMJ†††

Humility is the mother of many virtues. It is this virtue that gives birth to obedience, patience, the fear of God, modesty, and peace. – *Saint Thomas of Villanova.*

So great an affection did Saint Jane Frances De Chantel have for humility that she watched continually over herself lest some occasion should be lost for practicing virtue. Writing to St. Francis de sales, she said “My dear father, I beseech you, for the honor of God, help me to humble myself.”

Prayer

My adorable Savior, when I reflect to what an extent Thou hast humbled Thyself for me, I am confused at the little love I have for humiliations. I will let no occasion pass that can serve to humble me, that I may imitate and please Thee.

†††JMJ††† Today's reflection from the *Imitation of Christ* †††JMJ†††

Fight strongly for me, and overcome these evil beasts – I mean, these alluring concupiscence – that peace may be made in Thy power, and the abundance of Thy praise may resound in Thy holy court – that is, in a clean conscience.

†††JMJ††† A Scripture quote for today †††JMJ†††

Simon received an answer from the Holy Ghost, that he should not see death, until he had seen the Christ of the Lord.

†††JMJ††† This is Serious †††JMJ†††

How can anyone not believe in God when they consider how the earth is irrigated? Water is a necessity for life of any kind on earth. It is the lifeblood of our earth, and yet we avert to the rhythmical migration of water from sea to sky and sky to earth again as little as we do to the circulation of blood through our veins. How wonderful is the process of evaporation ever going on from all the lakes and oceans of the earth! From those reservoirs, the sun draws moisture upwards in the form of vapor. In no other form except vapor could water, heavier than air, be lifted several miles above the earth. Yet this water supply floats lightly in the heavens in the shape of clouds, which are huge ships, waiting patiently to be unloaded of their tons of liquid. These vaporous vessels are filled and emptied without human hands. They sail to their ports without captain, chart, or compass. Currents of air, the winds, convey them to their destinations, and when the magic word is spoken, the rain sifts through the atmosphere in billions of small drops, as if poured through a finely woven sieve, to water the earth without crashing a leaf or a flower. If we saw all this for the first time, instead of being accustomed to it from childhood, we would not fail to see in this system the plan of an intelligent Creator; just as if the stars were to appear on only one night in a thousand years, men would believe and tell their children and preserve for many generations the remembrance of the City of God which had been shown. God makes His sun to shine on the good and the bad; and His rain to water the whole earth. How can it be that anyone can convince himself there is no God? If there is no God, Who is it that waters so many trillions of blades of grass, plants, flowers, trees, and other forms of life to provide food for trillions of insects, of animals, and all of mankind?

†††JMJ†††

You are invited and encouraged to share this information with others. Thank you for visiting <http://www.JMJsit.com>; and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.

My prayer for everyone; and especially for those on my email list: “May the Holy Family of Jesus, Mary, and St. Joseph grant you and yours all of the Joys, Graces, and Blessings necessary to live and die in the state of

Sanctifying grace in perfect Uniformity with God's Most Holy Will. May you know the truth and live and die in the True Church having obtained that degree of holiness it is God's Will you obtain."

I will pray an extra 15-decade Rosary every Sunday and Holyday throughout the year for those who are on my email list.

Thank you for all of your prayers, penances, and sacrifices for me.

Patrick Henry

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