

# F&S (Fun and Serious)

February 5, 2019

†††JMJ††† **Humor for today** †††JMJ†††

What is the best way to keep children from overhearing what you are saying? *Say it to them.*

†††JMJ†††

How long is a computers attention span? *As long as its power cord.*

†††JMJ††† **Short meditation for today** †††JMJ†††

The most powerful weapon to vanquish the demon is humility. – *Saint Francis of Paula.*

Saint Teresa could not see why preachers spoke so frequently of the necessity of humility. Is it not evident, said she, that in nothing can we glorify ourselves, since all the good we have comes from God? How can we, who are subject to so many miseries, and who have committed so many sins, be proud? We have nothing in us of which we can be vain.

Father Alvarez compared his life to a bunch of grapes in which almost every grape was spoiled. Among so many actions, said he, there is scarcely any without a defect. “And woe to me,” added he, “if God examines them to closely!”

Saint Dominic was accustomed to kneel at the gates of the city where he was about to preach, and beg of God not to afflict the people with any chastisements on account of his sins.

Saint Philip Neri advised those whom he directed to say, when they had fallen into a fault; “If I had been humble I should not have fallen.”

*Prayer*

Lord, I am but a sinner. How many sins have I not committed! I sin unceasingly. Have pity on me; grant me mercy. Woe to me if Thou treatest me as I have merited!

†††JMJ††† **Today's reflection from the *Imitation of Christ*** †††JMJ†††

Oh, how wise was that holy soul that said: “My mind is solidly established in and grounded upon Christ!” (Saint Agatha.) Were it but so with me, human fear would not so easily give me anxiety, nor the arrows of men’s words move me.

†††JMJ††† **A Scripture quote for today** †††JMJ†††

And I say to you, that whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery: and he that shall marry her that is put away, committeth adultery.

†††JMJ††† **This is Serious** †††JMJ†††

How thankful we ought to be that God has made us members of His Church, which reminds us constantly of our duty to God as the one chief business in life. Let us thank God every day for the grace of membership in that Church which perennially presents to us and will not to let us forget the tremendous truth that a living God exists, and that He is our Creator, our Father, and our Judge. Old what a change would be made in the lives of Catholics, and thereby also throughout the entire world, if they would only seriously meditate every day on this truth, that a living God exists, and that He is our Creator, our Father, and our Judge.

†††JMJ†††

You are invited and encouraged to share this information with others. Thank you for visiting <http://www.JMJsite.com>; and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.

My prayer for everyone; and especially for those on my email list: “May the Holy Family of Jesus, Mary, and St. Joseph grant you and yours all of the Joys, Graces, and Blessings necessary to live and die in the state of Sanctifying grace in perfect Uniformity with God’s Most Holy Will. May you know the truth and live and die in the True Church having obtained that degree of holiness it is God’s Will you obtain.”

I will pray an extra 15-decade Rosary every Sunday and Holyday throughout the year for those who are on my email list.

Thank you for all of your prayers, penances, and sacrifices for me.

Patrick Henry

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