

F&S (Fun and Serious)

†††JMJ††† **Humor for today** †††JMJ†††

Where was the Declaration of Independence signed?

On the bottom.

†††JMJ†††

Doctor: "I want you to drink plenty of liquids so you will get over this cold."

Patient: "I never drink anything else."

†††JMJ††† **Short meditation for today** †††JMJ†††

Contemplate Me hanging on the cross. Behold the state of My body. Enter within; open and penetrate My heart. What do you find? What do you read? Love, nothing but love.

Let us have a great devotion to the crucifix. Let us often fix our eyes upon the image of Christ crucified. Let us converse with this Man of sorrows, listen to Him, consult Him; love our crucifix, kiss it with much devotion. Saint Ludowine, at the end of her life, made use of her eyes only to contemplate the crucifix. This practice filled her heart with the most ardent love.

Saint Elizabeth, daughter of the King of Hungary, contemplating long her crucifix, was covered with confusion on beholding herself dressed in the livery of the world and its vanity. Prostrating herself on the ground, she cried: "Jesus crucified will be my portion forever – poverty for poverty, humiliation for humiliation, cross for cross." During the rest of her life she faithfully kept her promise.

Prayer

O my adorable Savior, permit me to solace Thy wounds; replenish me with Thy love. I recommend myself and all others to Thee.

†††JMJ††† **Today's reflection from the *Imitation of Christ*** †††JMJ†††

In life and in death keep thyself near to Jesus, and entrust thyself to His fidelity, Who alone can help thee when all others fail.

†††JMJ††† **A Scripture quote for today** †††JMJ†††

Follow after justice, godliness, faith, charity, patience, mildness. Fight the good fight of faith; lay hold on eternal life, whereunto thou art called.

†††JMJ††† **This is Serious** †††JMJ†††

Catechism Class 5-22-11 = Continued with the Apostolicity of the Church.

<http://www.jmjsite.com/c/052211.mp3>

†††JMJ†††

You are invited and encouraged to share this information with others. Thank you for visiting <http://www.JMJsite.com>; and please tell others about this website. I pray that you will live in such a way that the Good God will always constantly Bless you while He keeps you from all sin. May Jesus, Mary, and Saint Joseph obtain for you every grace you need.

My prayer for everyone; and especially for those on my email list: "May the Holy Family of Jesus, Mary, and St. Joseph grant you and yours all of the Joys, Graces, and Blessings necessary to live and die in the state of Sanctifying grace in perfect Uniformity with God's Most Holy Will. May you know the truth and live and die in the True Church having obtained that degree of holiness it is God's Will you obtain."

I will pray an extra 15-decade Rosary every Sunday and Holyday throughout the year for those who are on my email list.

Thank you for all of your prayers, penances, and sacrifices for me.

Patrick Henry

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